

FALL SPORTS & BAND

Fall sports and band practice will begin on August 7th. The times and locations are listed. Please email athletic director Shelly Wiegel at shelly.wiegel@d214.org if you have any questions. **All students in sports should have a current physical on file.**



Band:

12:00 PM (noon) in the band room

Cross Country:

Girls and Boys

Meet at the WHS track/stadium entrance at 8:00 AM. Wear running clothes and bring a water bottle



Cheerleading:

Meet in the WHS field house at 8:00 AM



Football:

All levels meet at the WHS stadium at 3:30 PM



Boys Golf:

Golf Center in Des Plaines at 8:30-10:15 AM. Bring clubs if you have them.



Girls Golf:

Meet in the WHS cafeteria at 8:30 AM. Bring clubs if you have them.



Boys Soccer:

Meet on the west field at 8:00 AM. If you have any of the following items, please bring them with you: soccer cleats, shin guards, and a water bottle



Girls Swimming:

Practice will be held at Buffalo Grove High School from 10:30am-1:00pm. Those athletes needing transportation should be at Wheeling High School at 10:00 at door 25 (the athletic entrance) and can ride a white bus to and from Buffalo Grove High School.



Girls Tennis:

Meet in the WHS tennis courts at 8:00 AM. Bring a water bottle and a racquet if you have one



Girls Volleyball:

Meet in the WHS field house at 8:00 AM. Bring a water bottle



Anyone entering the building will need to enter through door 29, the main back entrance.

Let's make 2023-2024 a great year,
Go Wildcats!